



ZenCycle Croatia

Yoga Retreats & Mountainbike Adventures



Trans Slovenia



Trans Slovenia - Valley Tour

Tolmin - Rijeka

4 stages

198 km - 3070 hm

Paved: 76% - Unpaved: 24%

The Trans Slovenia Valley Tour from **Tolmin** to **Rijeka** offers a stunning 4-stage journey through some of the country's most diverse landscapes.

Starting in the alpine Soča Valley, the trail heads south to **Nova Gorica** and into the rolling vineyards of Goriška Brda. From there, it crosses the dramatic Karst Plateau to **Sežana**, passing stone villages and the famous Škocjan Caves. The ride continues through remote forests to **Iirska Bistrica**, nestled near the wild Snežnik Plateau, before entering Croatia and descending toward the Adriatic coast, ending in the vibrant port city of **Rijeka**.

Along the way, expect a mix of gravel paths and quiet roads - perfect for adventure seekers looking to experience Slovenia's natural and cultural variety.





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Valley Tour

STAGE 1: Tolmin - Nova Gorica

- Distance: 41 km
- Paved: 88%
- Elevation: 580 hm
- Unpaved: 12%

STAGE 2: Nova Gorica - Sezana

- Distance: 53 km
- Paved: 52%
- Elevation: 800 hm
- Unpaved: 48%

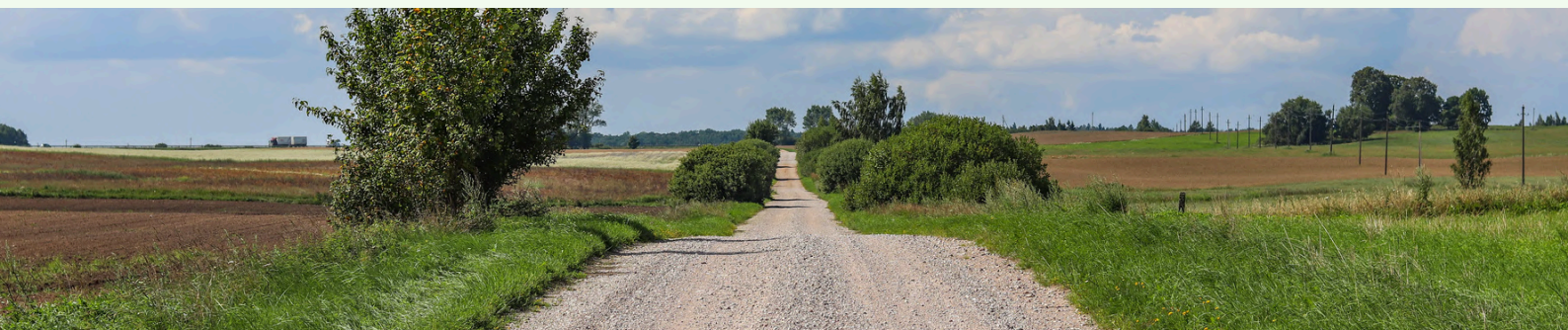
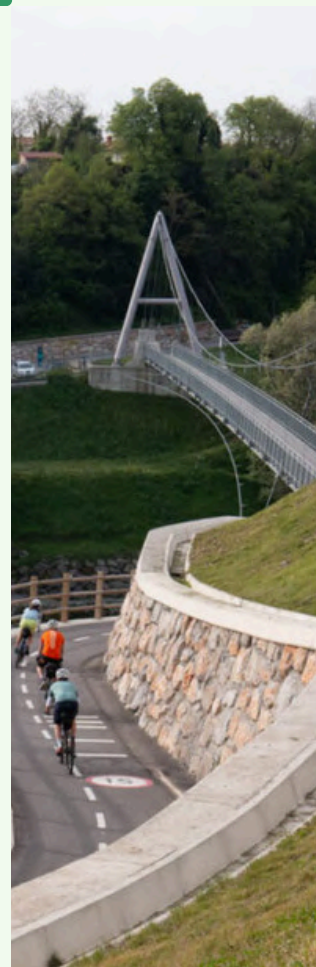
STAGE 3: Sezana - Ilirska Bistrica

- Distance: 54 km
- Paved: 68%
- Elevation: 880 hm
- Unpaved: 32%

STAGE 4: Ilirska Bistrica - Rijeka

- Distance: 50 km
- Paved: 95%
- Elevation: 810 hm
- Unpaved: 5%

TOTAL: 198 km - 3070 hm



Trans Slovenia - Medieval Tour

Tolmin - Rijeka

4 stages

191 km - 3720 hm

Paved: 74% - Unpaved: 26%

The Trans Slovenia Medieval Tour from **Tolmin** to **Rijeka** offers a stunning 4-stage journey through some of the country's most diverse landscapes.

Starting in the alpine Soča Valley, the trail heads southeast to **Sinji Vrh**, climbing into the scenic highlands of the Trnovski gozd. From there, it continues through varied terrain to **Postojna**, home to the world-famous Postojna Cave. The ride then winds through remote forests to **Ilirska Bistrica**, nestled near the wild Snežnik Plateau, before entering Croatia and descending toward the Adriatic coast, ending in the vibrant port city of **Rijeka**.

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TRANS SLOVENIA

Medieval Tour

STAGE 1: Tolmin - Sinji Vrh

- Distance: 45 km
- Paved: 91%
- Elevation: 1430 hm
- Unpaved: 9%

STAGE 2: Sinji Vrh - Postojna

- Distance: 46 km
- Paved: 62%
- Elevation: 710 hm
- Unpaved: 38%

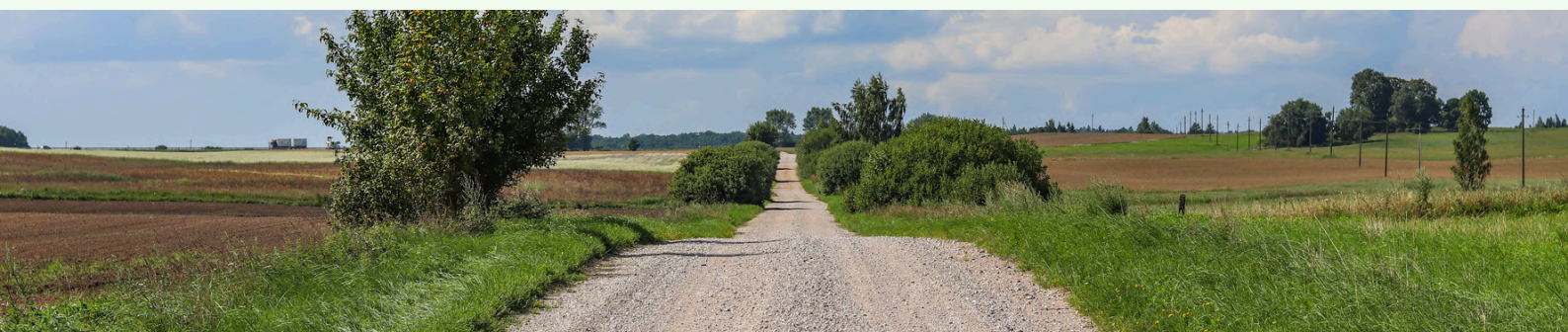
STAGE 3: Postojna - Ilirska Bistrica

- Distance: 50 km
- Paved: 48%
- Elevation: 770 hm
- Unpaved: 52%

STAGE 4: Ilirska Bistrica - Rijeka

- Distance: 50 km
- Paved: 95%
- Elevation: 810 hm
- Unpaved: 5%

TOTAL: 191 km - 3720 hm



B&B/Hotel package

We always provide the best B&Bs and hotels along the road in Slovenia, carefully selected for their location, service and attention to detail, ensuring a memorable and comfortable stay.

****Additional nights can be booked on request****



Picturesque places



Comfortable beds



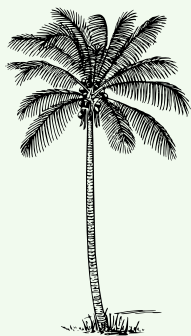
Delicious breakfast



Awesome views



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What's included

Trans Slovenia

B&B/Hotel Package

Start in Tolmin

Start your journey in Tolmin, located in the Julian Alps and wedged between the Soca and Tolminka rivers.



B&Bs/Hotels on route

We have selected the best and most beautiful B&Bs/hotels along the route with breakfast included in the morning.

Navigation App / GPX

Roadbook with POI and detailed route description. Use of 'Komoot' App or GPX for your own navigation system.



24/7 bike assistance

In case of major breakdown or issues that can't be fixed by yourself, we have a 24/7 bike service ready.

Arrival & departure

If you travel by plane: airport pick-up & drop-off.
If you travel by car: return transfer to your car.



EUR 650 per person

5 nights B&B/Hotel + breakfast
Detailed roadbook with GPX
24/7 bike assistance
Arrival & departure transfers

Eat Ride Sleep Repeat
We take care of the rest





ZenCycle Croatia



Upgrade your experience

Bike rental

€ 35-55/day

Luggage transfer

€ 200 p.p.

Luxury upgrade

Spacious room + Sea view + Pool

€ 150 p.p.

Fully guided

Technical support + Luggage transfer

€ 325 p.p.

Visit Postojna Cave Park

€ 65 p.p.

Extra nights

On request

